FREE FAMILY PACK • LEVEL 3 – ADVANCED

Let’s Talk Together

Baby Sign Language for Everyday Family Life

ASL signs alongside speech for babies, toddlers and their families

ME	YOU	MINE	YOUR
TOGETHER	OTHER	WHERE	WHAT
WHO	WHY	TODAY	TOMORROW
BIG	SMALL	FAST	SLOW
OPEN	CLOSE	BATH	BRUSH TEETH
TOILET	OUTSIDE	INSIDE	AGAIN

IN THIS PACK

24 new word cards with a QR code for every sign

A four-week plan with six signs a week

4 fridge sheets to put up at home

Games and memory cards to cut out

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Welcome

Level 3 helps you ask questions, make choices and talk about the day together.

What is baby sign language?

Baby sign language means using a few simple signs while you talk, so little ones can tell you what they need before they have the words. The signs in this pack come from American Sign Language (ASL). This is a home-practice resource – not a complete ASL course, and not a substitute for learning from Deaf teachers.

Five simple rules

1. **Say the whole sentence**
   and sign just the key word, for example: “Do you want MORE?”
2. **Make eye contact**
   so your child can see both your face and your hands.
3. **Wait a moment**
   and give your child time to answer with a look, a sound, a word or a sign.
4. **Celebrate every try**
   without correcting. What matters is that you understand each other.
5. **Repeat in daily life**
   in the same situations, many times. That’s how signs stick.

Using the QR codes

Every word card has its own QR code. Scan it with your phone camera to open the sign on Lifeprint (ASL University), where you can watch how it is made – handshape, movement and facial expression. Watch the video a few times before you start.

Print and keep your cards

Put the pages in a binder – the left margin is extra wide for hole punching. Cut out the word cards along the dashed lines, punch a hole at the small circle in the corner and keep them on a ring. Laminate them if you can, so they survive sticky fingers. Matte laminating works best – glossy film can make QR codes harder to scan.

Four-week plan

Six signs a week. Start with two or three and add more when you're ready.

WEEK 1

Me, you and us

ME · YOU · MINE · YOUR · TOGETHER · OTHER

Take turns and show whose turn it is. ME and YOU help your child understand back-and-forth play.

WEEK 2

Questions and time

WHERE · WHAT · WHO · WHY · TODAY · TOMORROW

Ask one question at a time and wait for the answer. Pictures can help.

WEEK 3

Opposites at play

BIG · SMALL · FAST · SLOW · OPEN · CLOSE

Play with opposites: a big and a small ball, running fast and walking slow.

WEEK 4

Everyday routines

BATH · BRUSH TEETH · TOILET · OUTSIDE · INSIDE · AGAIN

Use the signs in the same order every day, so routines feel safe and predictable.

Word cards

01 · WEEK 1

ME

SAY AND SIGN

ME! I want to try.

WHEN

When you talk about what you are doing yourself.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

02 · WEEK 1

YOU

SAY AND SIGN

Do YOU want to choose?

WHEN

When it's your child's turn to decide.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

03 · WEEK 1

MINE

SAY AND SIGN

This cup is MINE.

WHEN

When you talk about who things belong to.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

04 · WEEK 1

YOUR

SAY AND SIGN

Is this YOUR teddy?

WHEN

When your child finds their own toy or sweater.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

Word cards

05 · WEEK 1

TOGETHER

SAY AND SIGN

Let's do it TOGETHER.

WHEN

When you build, bake or tidy up together.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

06 · WEEK 1

OTHER

SAY AND SIGN

Do you want the OTHER one?

WHEN

When your child picks another color or toy.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

07 · WEEK 2

WHERE

SAY AND SIGN

WHERE is the ball?

WHEN

When you are looking for something.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

08 · WEEK 2

WHAT

SAY AND SIGN

WHAT do you want to play?

WHEN

When your child gets to choose what to do.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

Word cards

09 • WEEK 2

WHO

SAY AND SIGN

WHO is coming?

WHEN

When the doorbell rings or someone walks in.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

10 • WEEK 2

WHY

SAY AND SIGN

WHY are you sad?

WHEN

When you talk about feelings and reasons.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

11 • WEEK 2

TODAY

SAY AND SIGN

TODAY we're going to the park.

WHEN

In the morning, when you talk about the day.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

12 • WEEK 2

TOMORROW

SAY AND SIGN

Grandma is coming TOMORROW.

WHEN

At bedtime, when you talk about the next day.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

Word cards

13 • WEEK 3

BIG

SAY AND SIGN

What a BIG ball!

WHEN

When you compare things while playing.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

14 • WEEK 3

SMALL

SAY AND SIGN

Here is a SMALL ball.

WHEN

When you find something tiny.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

15 • WEEK 3

FAST

SAY AND SIGN

Let's run FAST!

WHEN

When you play tag or run outside.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

16 • WEEK 3

SLOW

SAY AND SIGN

Let's walk SLOW.

WHEN

When you need to slow down, like on the stairs.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

Word cards

17 • WEEK 3

OPEN

SAY AND SIGN

Can you OPEN the box?

WHEN

When your child wants you to open something.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

18 • WEEK 3

CLOSE

SAY AND SIGN

Let's CLOSE the door.

WHEN

When you go in or out.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

19 • WEEK 4

BATH

SAY AND SIGN

Time for your BATH!

WHEN

In the evening routine, before pajamas.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

20 • WEEK 4

BRUSH TEETH

SAY AND SIGN

Time to BRUSH your TEETH.

WHEN

Morning and evening at the sink.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

Word cards

21 • WEEK 4

TOILET

SAY AND SIGN

Do you need the TOILET?

WHEN

Before going out and before bed.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

22 • WEEK 4

OUTSIDE

SAY AND SIGN

Shall we go OUTSIDE?

WHEN

When you get ready to go out.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

23 • WEEK 4

INSIDE

SAY AND SIGN

Now we're INSIDE again.

WHEN

When you come in from the playground.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

24 • WEEK 4

AGAIN

SAY AND SIGN

One more time – AGAIN!

WHEN

When your child wants to do something fun again.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

FRIDGE SHEET · WEEK 1

Me, you and us

THIS WEEK'S SIGNS	MON	TUE	WED	THU	FRI	SAT	SUN
ME ME! I want to try.	☐	☐	☐	☐	☐	☐	☐
YOU Do YOU want to choose?	☐	☐	☐	☐	☐	☐	☐
MINE This cup is MINE.	☐	☐	☐	☐	☐	☐	☐
YOUR Is this YOUR teddy?	☐	☐	☐	☐	☐	☐	☐
TOGETHER Let's do it TOGETHER.	☐	☐	☐	☐	☐	☐	☐
OTHER Do you want the OTHER one?	☐	☐	☐	☐	☐	☐	☐

How we do it

- Use the signs in the same situation every day, so your child knows what's coming.
- Tick the box when you've used the sign. It's enough that you sign – your child doesn't have to answer.

Your child's signals and attempts

FRIDGE SHEET · WEEK 2

Questions and time

THIS WEEK'S SIGNS	MON	TUE	WED	THU	FRI	SAT	SUN
WHERE WHERE is the ball?	☐	☐	☐	☐	☐	☐	☐
WHAT WHAT do you want to play?	☐	☐	☐	☐	☐	☐	☐
WHO WHO is coming?	☐	☐	☐	☐	☐	☐	☐
WHY WHY are you sad?	☐	☐	☐	☐	☐	☐	☐
TODAY TODAY we're going to the park.	☐	☐	☐	☐	☐	☐	☐
TOMORROW Grandma is coming TOMORROW.	☐	☐	☐	☐	☐	☐	☐

How we do it

- Use the signs in the same situation every day, so your child knows what's coming.
- Tick the box when you've used the sign. It's enough that you sign – your child doesn't have to answer.

Your child's signals and attempts

FRIDGE SHEET · WEEK 3

Opposites at play

THIS WEEK'S SIGNS	MON	TUE	WED	THU	FRI	SAT	SUN
BIG What a BIG ball!	☐	☐	☐	☐	☐	☐	☐
SMALL Here is a SMALL ball.	☐	☐	☐	☐	☐	☐	☐
FAST Let's run FAST!	☐	☐	☐	☐	☐	☐	☐
SLOW Let's walk SLOW.	☐	☐	☐	☐	☐	☐	☐
OPEN Can you OPEN the box?	☐	☐	☐	☐	☐	☐	☐
CLOSE Let's CLOSE the door.	☐	☐	☐	☐	☐	☐	☐

How we do it

- Use the signs in the same situation every day, so your child knows what's coming.
- Tick the box when you've used the sign. It's enough that you sign – your child doesn't have to answer.

Your child's signals and attempts

FRIDGE SHEET · WEEK 4

Everyday routines

THIS WEEK'S SIGNS	MON	TUE	WED	THU	FRI	SAT	SUN
BATH Time for your BATH!	☐	☐	☐	☐	☐	☐	☐
BRUSH TEETH Time to BRUSH your TEETH.	☐	☐	☐	☐	☐	☐	☐
TOILET Do you need the TOILET?	☐	☐	☐	☐	☐	☐	☐
OUTSIDE Shall we go OUTSIDE?	☐	☐	☐	☐	☐	☐	☐
INSIDE Now we're INSIDE again.	☐	☐	☐	☐	☐	☐	☐
AGAIN One more time – AGAIN!	☐	☐	☐	☐	☐	☐	☐

How we do it

- Use the signs in the same situation every day, so your child knows what's coming.
- Tick the box when you've used the sign. It's enough that you sign – your child doesn't have to answer.

Your child's signals and attempts

Play together

Short games that make signing fun. Stop while it's still fun.

Where is it?

Hide a toy and ask "WHERE is the ball?". Your child searches, and you sign WHERE together.

Big and small

Sort things around the house into big and small. Sign BIG or SMALL for each one.

My turn, your turn

Build a tower and take turns. Say and sign "ME now" and "YOU now".

Memory

Print the memory cards twice and cut them out. When you find a pair, sign the word together.

Memory cards

Print this page twice, cut along the lines and play memory.

ME	YOU	MINE
YOUR	TOGETHER	OTHER
WHERE	WHAT	WHO
WHY	TODAY	TOMORROW

Memory cards

Print this page twice, cut along the lines and play memory.

BIG	SMALL	FAST
SLOW	OPEN	CLOSE
BATH	BRUSH TEETH	TOILET
OUTSIDE	INSIDE	AGAIN

Sources and good to know

The QR codes in this pack link to Lifeprint – ASL University, created by Dr. Bill Vicars. Each code opens the page for that sign, where it is shown on video.

lifeprint.com

Good to know

- This pack uses ASL signs as support for speech in everyday family life. It is not a complete ASL course – ASL has its own grammar, and English word order is not ASL.
- Some signs have variations. The video always shows the sign best.
- If your child is Deaf or hard of hearing, or needs more support with communication, ask your pediatrician, an early intervention program or a speech-language pathologist about next steps – and consider learning ASL from Deaf teachers.
- Want to learn more? Lifeprint has thousands of signs, and many communities offer ASL classes taught by Deaf instructors.

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