FREE FAMILY PACK · LEVEL 2 – INTERMEDIATE

I Can Tell You More

Baby Sign Language for Everyday Family Life

ASL signs alongside speech for babies, toddlers and their families

MOM	DAD	BROTHER	HOME
DOG	CAT	HAPPY	SAD
ANGRY	SCARED	TIRED	TUMMY
HAND	FOOT	JACKET	SHOES
BOOK	BALL	WATER	APPLE
COME	GO	STOP	WAIT

IN THIS PACK

24 new word cards with a QR code for every sign

A four-week plan with six signs a week

4 fridge sheets to put up at home

Games and memory cards to cut out

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Welcome

Level 2 builds on your first twelve signs. Keep using them!

What is baby sign language?

Baby sign language means using a few simple signs while you talk, so little ones can tell you what they need before they have the words. The signs in this pack come from American Sign Language (ASL). This is a home-practice resource – not a complete ASL course, and not a substitute for learning from Deaf teachers.

Five simple rules

1. **Say the whole sentence**
   and sign just the key word, for example: “Do you want MORE?”
2. **Make eye contact**
   so your child can see both your face and your hands.
3. **Wait a moment**
   and give your child time to answer with a look, a sound, a word or a sign.
4. **Celebrate every try**
   without correcting. What matters is that you understand each other.
5. **Repeat in daily life**
   in the same situations, many times. That’s how signs stick.

Using the QR codes

Every word card has its own QR code. Scan it with your phone camera to open the sign on Lifeprint (ASL University), where you can watch how it is made – handshape, movement and facial expression. Watch the video a few times before you start.

Print and keep your cards

Put the pages in a binder – the left margin is extra wide for hole punching. Cut out the word cards along the dashed lines, punch a hole at the small circle in the corner and keep them on a ring. Laminate them if you can, so they survive sticky fingers. Matte laminating works best – glossy film can make QR codes harder to scan.

Four-week plan

Six signs a week. Start with two or three and add more when you're ready.

WEEK 1

Family and pets

MOM · DAD · BROTHER · HOME · DOG · CAT

Name the people and animals you see. Point to pictures in a photo album or a picture book.

WEEK 2

Feelings and the body

HAPPY · SAD · ANGRY · SCARED · TIRED · TUMMY

Show the feeling on your face too. It's okay to be angry or sad – the sign helps your child tell you.

WEEK 3

Clothes, play and books

HAND · FOOT · JACKET · SHOES · BOOK · BALL

Use the signs while getting dressed and playing. Let your child choose a book or a ball.

WEEK 4

Food, moving and safety words

WATER · APPLE · COME · GO · STOP · WAIT

COME, STOP and WAIT help keep little ones safe. Practice them as a game at calm moments first.

Word cards

01 • WEEK 1

MOM

SAY AND SIGN

Where is MOM?

WHEN

When mom comes home or is in a photo.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

02 • WEEK 1

DAD

SAY AND SIGN

Here comes DAD.

WHEN

When dad walks through the door.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

03 • WEEK 1

BROTHER

SAY AND SIGN

Can your BROTHER play too?

WHEN

When siblings play or eat together. For a sister, use SISTER.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

04 • WEEK 1

HOME

SAY AND SIGN

We're HOME.

WHEN

When you walk in the door after an outing.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

Word cards

05 · WEEK 1

DOG

SAY AND SIGN

Look, a DOG!

WHEN

On a walk or in a picture book.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

06 · WEEK 1

CAT

SAY AND SIGN

Do you see the CAT?

WHEN

When you spot a cat outside or in a book.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

07 · WEEK 2

HAPPY

SAY AND SIGN

You look HAPPY!

WHEN

When your child laughs or smiles.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

08 · WEEK 2

SAD

SAY AND SIGN

Are you SAD?

WHEN

When your child cries or looks down.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

Word cards

09 • WEEK 2

ANGRY

SAY AND SIGN

Are you ANGRY?

WHEN

When your child gets frustrated – name the feeling.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

10 • WEEK 2

SCARED

SAY AND SIGN

Were you SCARED?

WHEN

After a loud noise or a surprise.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

11 • WEEK 2

TIRED

SAY AND SIGN

Are you TIRED?

WHEN

When your child yawns or rubs their eyes.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

12 • WEEK 2

TUMMY

SAY AND SIGN

Does your TUMMY hurt?

WHEN

When your child holds their tummy.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

Word cards

13 • WEEK 3

HAND

SAY AND SIGN

Show me your HAND.

WHEN

When washing hands or holding hands.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

14 • WEEK 3

FOOT

SAY AND SIGN

Where is your FOOT?

WHEN

When getting dressed, at bath time or putting on socks.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

15 • WEEK 3

JACKET

SAY AND SIGN

Let's put on your JACKET.

WHEN

Before you go outside.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

16 • WEEK 3

SHOES

SAY AND SIGN

Where are your SHOES?

WHEN

By the door before you go out.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

Word cards

17 • WEEK 3

BOOK

SAY AND SIGN

Shall we read a BOOK?

WHEN

At story time or before bed.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

18 • WEEK 3

BALL

SAY AND SIGN

Roll the BALL to me!

WHEN

When you play with a ball on the floor or outside.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

19 • WEEK 4

WATER

SAY AND SIGN

Do you want some WATER?

WHEN

At mealtimes or when your child is thirsty.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

20 • WEEK 4

APPLE

SAY AND SIGN

Do you want an APPLE?

WHEN

At snack time.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

Word cards

21 • WEEK 4

COME

SAY AND SIGN

COME here!

WHEN

When you want your child to come to you.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

22 • WEEK 4

GO

SAY AND SIGN

Let's GO.

WHEN

When it's time to head out or move on.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

23 • WEEK 4

STOP

SAY AND SIGN

STOP! Wait for me.

WHEN

Before crossing the street, or when something is dangerous.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

24 • WEEK 4

WAIT

SAY AND SIGN

WAIT a moment.

WHEN

When your child needs to wait their turn.

Watch the sign

Scan the QR code with your phone

Practiced: ☐ ☐ ☐

FRIDGE SHEET · WEEK 1

Family and pets

THIS WEEK'S SIGNS	MON	TUE	WED	THU	FRI	SAT	SUN
MOM Where is MOM?	☐	☐	☐	☐	☐	☐	☐
DAD Here comes DAD.	☐	☐	☐	☐	☐	☐	☐
BROTHER Can your BROTHER play too?	☐	☐	☐	☐	☐	☐	☐
HOME We're HOME.	☐	☐	☐	☐	☐	☐	☐
DOG Look, a DOG!	☐	☐	☐	☐	☐	☐	☐
CAT Do you see the CAT?	☐	☐	☐	☐	☐	☐	☐

How we do it

- Use the signs in the same situation every day, so your child knows what's coming.
- Tick the box when you've used the sign. It's enough that you sign – your child doesn't have to answer.

Your child's signals and attempts

FRIDGE SHEET · WEEK 2

Feelings and the body

THIS WEEK'S SIGNS	MON	TUE	WED	THU	FRI	SAT	SUN
HAPPY You look HAPPY!	☐	☐	☐	☐	☐	☐	☐
SAD Are you SAD?	☐	☐	☐	☐	☐	☐	☐
ANGRY Are you ANGRY?	☐	☐	☐	☐	☐	☐	☐
SCARED Were you SCARED?	☐	☐	☐	☐	☐	☐	☐
TIRED Are you TIRED?	☐	☐	☐	☐	☐	☐	☐
TUMMY Does your TUMMY hurt?	☐	☐	☐	☐	☐	☐	☐

How we do it

- Use the signs in the same situation every day, so your child knows what's coming.
- Tick the box when you've used the sign. It's enough that you sign – your child doesn't have to answer.

Your child's signals and attempts

FRIDGE SHEET · WEEK 3

Clothes, play and books

THIS WEEK'S SIGNS	MON	TUE	WED	THU	FRI	SAT	SUN
HAND Show me your HAND.	☐	☐	☐	☐	☐	☐	☐
FOOT Where is your FOOT?	☐	☐	☐	☐	☐	☐	☐
JACKET Let's put on your JACKET.	☐	☐	☐	☐	☐	☐	☐
SHOES Where are your SHOES?	☐	☐	☐	☐	☐	☐	☐
BOOK Shall we read a BOOK?	☐	☐	☐	☐	☐	☐	☐
BALL Roll the BALL to me!	☐	☐	☐	☐	☐	☐	☐

How we do it

- Use the signs in the same situation every day, so your child knows what's coming.
- Tick the box when you've used the sign. It's enough that you sign – your child doesn't have to answer.

Your child's signals and attempts

FRIDGE SHEET · WEEK 4

Food, moving and safety words

THIS WEEK'S SIGNS	MON	TUE	WED	THU	FRI	SAT	SUN
WATER Do you want some WATER?	☐	☐	☐	☐	☐	☐	☐
APPLE Do you want an APPLE?	☐	☐	☐	☐	☐	☐	☐
COME COME here!	☐	☐	☐	☐	☐	☐	☐
GO Let's GO.	☐	☐	☐	☐	☐	☐	☐
STOP STOP! Wait for me.	☐	☐	☐	☐	☐	☐	☐
WAIT WAIT a moment.	☐	☐	☐	☐	☐	☐	☐

How we do it

- Use the signs in the same situation every day, so your child knows what's coming.
- Tick the box when you've used the sign. It's enough that you sign – your child doesn't have to answer.

Your child's signals and attempts

Play together

Short games that make signing fun. Stop while it's still fun.

Feelings mirror

Sit in front of a mirror. Make a happy, sad, angry or scared face and sign the feeling. Let your child copy you and guess.

Where is your ...?

Ask "Where is your HAND?" or "Where is your FOOT?". Your child shows you, and you sign the word together.

Stop dance

Put on some music and dance. When you sign STOP, everyone freezes. Sign GO and keep dancing.

Memory

Print the memory cards twice and cut them out. When you find a pair, sign the word together.

Memory cards

Print this page twice, cut along the lines and play memory.

MOM	DAD	BROTHER
HOME	DOG	CAT
HAPPY	SAD	ANGRY
SCARED	TIRED	TUMMY

Memory cards

Print this page twice, cut along the lines and play memory.

HAND	FOOT	JACKET
SHOES	BOOK	BALL
WATER	APPLE	COME
GO	STOP	WAIT

Sources and good to know

The QR codes in this pack link to Lifeprint – ASL University, created by Dr. Bill Vicars. Each code opens the page for that sign, where it is shown on video.

lifeprint.com

Good to know

- This pack uses ASL signs as support for speech in everyday family life. It is not a complete ASL course – ASL has its own grammar, and English word order is not ASL.
- Some signs have variations. The video always shows the sign best.
- If your child is Deaf or hard of hearing, or needs more support with communication, ask your pediatrician, an early intervention program or a speech-language pathologist about next steps – and consider learning ASL from Deaf teachers.
- Next step: Level 3 – Advanced, with questions, opposites and everyday routines.

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